

NIMH Coalition Study on Depression Management in the Workplace

Administered by the Colorado Business Group on Health

The Colorado Business Group on Health (CBGH), with funding from the National Institute of Mental Health, is conducting a five year study called Depression Management in the Workplace (DMW).

What is the purpose of the study?

The DMW study tests how two state-of-the art presentations inform and influence decision making regarding high quality treatment for depression. The presentations offer specific strategies that employers can utilize to improve depression management.

Will my organization be asked to disclose Personal Health Information (PHI), claims data or dollars?

No.

Is my company or organization eligible to participate in the study? Yes, if you:

1. Represent a public or private employer who provides health benefits to 100 or more domestic employees.
2. Did not purchase a depression product for your employees in the past two years. By depression product, we mean a program that is proactive in ensuring depression care to all depressed employees. Most EAP or disease management programs do not proactively outreach and test all individuals with depression, but feel free to call us if you have specific questions.
3. Intend to stay in the coalition for the next two years. If you don't have specific plans to leave the coalition or mental health organization, you are eligible.

What do I have to do if I agree to participate?

1. Attend a two hour presentation session on a date arranged by your coalition, association or mental health organization director.
2. Complete confidential 30-45 minute surveys before and after the presentation and 12 and 24 months later.

Will I receive any benefits if I participate in the study?

In addition to participating in a presentation that is specially tailored for organizations like yours, you will be eligible to receive up to \$350 in honoraria if you:

1. Attend your assigned presentation
2. Complete a post-presentation survey (\$100 honorarium).
3. Complete follow-up surveys at 12 and 24 months on the web (\$100 each and a \$50 bonus for completing all surveys).

Plus, you will be eligible for Technical Assistance provided through the Colorado Business Group on Health. Technical Assistance will provide quality indicators for health plans and vendors, sample contract language/performance standards and information resources for decision making.